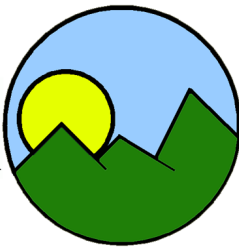


Old Mountain

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Health Center

Ancient Ways to Modern Health
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Consent Form

Primary Care and Medical Records: Acupuncturists (LAc) practicing in the state of North Carolina are not primary care providers. Old Mountain Acupuncture recommends that all patients have regular primary care physicians. All patients must provide medical records from a primary care provider upon request.

Confidentiality: Patient information will be held in the strictest confidence and will not be divulged without written consent except in the case of medical emergencies.

Group Treatment: In certain situations, treatments will be administered in a group setting in a large room. It is possible that other individuals in the room may hear or see case and treatment information in these situations. No disrobing will be done in such cases.

Acupuncture / Moxibustion: Acupuncture is performed by the insertion of needles through the skin and / or by the application of heat the skin at points on or near the surface of the body to treat bodily dysfunction or diseases, to modify or prevent pain perception, and to normalize the body's physiological functions. There may occasionally be adverse side effects such as: local bruising, minor bleeding, fainting, pain or discomfort, and the possible aggravation of symptoms existing prior to acupuncture treatment and very rarely lung puncture [pneumothorax].

Direct Moxibustion: With this therapy, there is a risk of burning or scarring as the heat is more directly applied to the points on the body.

Electro-Acupuncture: Electro-acupuncture may be administered with the acupuncture. There may be certain adverse side effects such as: electrical shock, pain or discomfort, the possible aggravation of symptoms existing prior acupuncture treatment.

Chinese Herbs: Chinese herbs and substances may be recommended to treat bodily dysfunction or disease or to modify or prevent pain perception and to normalize the body's physiological functions. Patients must follow the directions for administration and dosage. There may occasionally be adverse side effects such as: changes in bowel movements, abdominal pain or discomfort, and the possible aggravation of symptoms existing prior to the herbal treatment. ***With any problems associated with these substances, patients should suspend taking them and call Old Mountain Acupuncture as soon as possible.***

Acupressure / Massage: Acupressure / massage is used to modify or prevent pain perception and to normalize the body's physiological functions. There may be certain adverse side effects such as muscle soreness or achiness and the possible aggravation of symptoms existing prior to treatment.

Research: Information in your medical records may be used for research, but only when your privacy is protected. Material used for research will have any personal identifying information [names] blanked out and will be separated from your clinical records. Any data used for research will be kept in a secure, locked filing cabinet. The data entry process will use chart numbers only, and to maintain patient privacy, no patient name information will be entered. Contact us if you do not want this. Your willingness to complete the surveys will have no effect on your clinical care.

All of the above information has been explained to me and I have had my questions answered to my satisfaction.

- I consent to treatment with acupuncture and oriental medicine at Old Mountain Health Center.
- I understand that there are no guarantees concerning treatment. I understand that there may be other treatment alternatives, including treatment that might be offered by a licensed physician.
- I understand that I am free to refuse or stop treatment at any time.
- I consent to have information in my medical records used for research purposes only when personal information, including my name, is removed from the records to be researched.

Patient Signature: _____ Date: _____
Printed Name: _____ Date of Birth: _____